



CLARITY MAP

**A Way to Get Unstuck
and Uncover Your Vision**

Anna Goldstein



Clarity Map Instructions

Write a letter to a friend, dated 2 years from today.

Write a letter to a friend, dated 2 years from today. You write it in the present tense. Using the “Magic Wand” - (what if you were sure to succeed in your next move), you transport yourself 2 years from now- writing to a friend you haven’t seen in a long while, telling him/her where you are, what you have/do, what you’ve accomplished, so on and so forth. What is different about your life, career, relationships or business? How has this desired outcome affected other aspects of your life? Are you thinking differently about things? Fill the letter with descriptive details that will assist you in anchoring it to reality. If you’re working with a friend or you’ve accepted a role at a new firm where you work closer with other individuals you respect, describe the environment. If you’ve been managing to spend more time on your health or with family, put it all in there.

This may seem ridiculous at first, since we can’t predict the future, but I’ve found this (right brain tool) to be powerful. This letter will become somewhat of a vision statement which may provide some guidance moving forward.

Have fun with it!

Date:

Dear ,

Love,

Hold the vision,
Trust the process.